

Your employer is subject to the
Family Leave Insurance

provisions of the New Jersey Temporary Disability Benefits Law

New Jersey employees can receive cash benefits while taking leave from work to bond with a new child, care for a loved one with a physical or mental health condition, or cope with domestic or sexual violence. Employees can receive benefits for up to 12 consecutive weeks or 56 intermittent days in a 12-month period.

Ask your employer whether they participate in the state family leave insurance plan (“state plan”) or have a private family leave insurance plan (“private plan”). See the current year’s maximum benefit level, eligibility requirements, and how to apply at myleavebenefits.nj.gov/fli.

State Plan

The state plan provides 85% of workers’ average weekly wages, up to a maximum amount set for each calendar year. Payroll contributions from employees finance this program.

Private Plan

An employer may provide family leave insurance through a private insurance carrier, if approved by the Division of Temporary Disability and Family Leave Insurance. The plan must be at least as generous as the state plan. If your employer has an approved private plan, they must provide information about coverage and how to apply for benefits.

Job Protection

While you receive benefits, your job may be protected under state or federal law. Learn more at myleavebenefits.nj.gov/jobprotection.

Bond With a New Child

Benefits are for bonding with a newborn, newly adopted, or newly placed foster child. You can receive benefits during the first year after your child was born, adopted, or placed in your care.

Family Caregivers

Benefits are to care for a loved one’s mental or physical health. When applying, your loved one’s medical provider will need to certify their need for your care.

Victims or Survivors of Domestic or Sexual Violence and Their Caregivers

Benefits are to handle certain matters related to domestic or sexual violence or caring for a loved one who is a victim or survivor.

Enforced by: Division of Temporary Disability and Family Leave Insurance
NJ Department of Labor & Workforce Development
PO Box 387 • Trenton, New Jersey 08625-0387

This and other required employer posters are available free online at nj.gov/labor.

The New Jersey Department of Labor and Workforce Development is an equal opportunity employer with equal opportunity programs. Auxiliary aids and services are available upon request to individuals with disabilities.



Display this poster in a place noticeable to all employees.